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Ten Commandments: SABBATH

Exodus 20:8-11: REMEMBER the sabbath day by KEEPING it holy. Six days you shall labor and do all your work, but the seventh day is a sabbath to the Lord your God. On it you shall not do any work...For in six days the Lord made the heavens and the earth, the sea, and all that is in them, but he rested on the seventh day. Therefore the Lord blessed the Sabbath day and made it holy.

[zakhor] Remember; Don't forget!

[shamor] Keep: guard, protect something held in trust, celebratory

Gen. 2:2-3: By the seventh day God had finished the WORK he had been doing; so on the seventh day he RESTED from all his work. Then God blessed the seventh day and made it holy, because on it he rested from all the work of creating that he had done.

A. "By the seventh day God had finished the WORK..." (v. 2).

[Melakhah] – "occupation, job, assignment"

- HOME 2:15 "The LORD God...put him (Adam) in the Garden of Eden."
- PURPOSE v. 15 "to work it and care for it..."
- PROVISION v. 16 "You are free to eat from any tree in the garden..."
- PARAMETERS v. 17 "...but you must not eat from the tree of the knowledge of good and evil, for when you eat from it you will certainly die."
- RELATIONSHIPS v. 18 "It is not good for the man to be alone. I will make a helper suitable for him."

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B. “So on the seventh day He RESTED from all His work...” (Gen 2:2).

[Shabbat] – “to cease and desist; stop working”

Ezekiel 20:12-13: “Also I gave them My sabbaths to be a sign between Me and them, that they might know that I am the Lord who sanctifies them. But the house of Israel rebelled against Me in the wilderness...My sabbaths they greatly profaned. Then I resolved to pour out My wrath on them...to annihilate them.”

Matthew 11:28: "Come to me, all you who are weary and burdened, and I will give you REST. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find REST for your souls. For my yoke is easy and my burden is light."

Sabbath is not a commandment we are bound to; it’s a promise and gift we’re invited to enjoy.

C. v. 15 “The LORD God...PUT him in in the Garden of Eden.”

[Nuwach] “rest, take joy, delight, to dwell with”

Relational trust has always been at the heart of God’s Sabbath invitation.

Matthew 22--:37-40: “Love the Lord your God with all your heart and with all your soul and with all your mind.’ This is the first and greatest commandment. ‘Love your neighbor as yourself.’ All the Law and the Prophets hang on these two commandments.”

DELIGHT IN GOD

DELIGHT IN PEOPLE