

Have fun learning and playing
with your preschooler!

Activity

Follow the Light

What You Need

Headlamp (or a super bright flashlight)

What You Do

Move the light around the room and encourage your child to follow it. Stop at several different places and encourage your child to run to the light when it stops. Each time the light stops say one of the 'Say This' phrases below. Repeat several times.

During the activity say, "I have a light, and I am going to move the light around the room. I want you to follow the light! When the light stops, I want you to run to the light! Are you ready? (*Do the activity.*)"

Say This:

- "Say this with me: 'God is good!'"
- "Let's say our memory verse: 'Jesus answered, (*hands by mouth*) 'I am (*point up*) the way and the truth and the life,' (*march*) John 14:6.' (*Open hands like a book.*)"
- "Who can help you do everything? Jesus can help me do everything!"

After the activity say, "That was awesome! Our Bible story teaches us that Jesus can help us be a shining light that shows everyone that God is good! When we choose to help others, say kind words, and share what we have, we are like a light that shines God's goodness in the world. When Jesus is our friend forever, He can help us show God's goodness! Tell me, who can help you do everything? Jesus can help me do everything."

Bible Story

City on a Hill
(Matthew 5:14-16)

Remember This

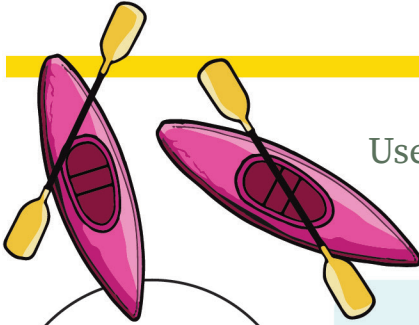
"Jesus answered, 'I am the way
and the truth and the life.'"
John 14:6, NIV

Say This

Who can help you
do everything?
Jesus can help you
do everything.

Prayer

"Dear God, thank You for being the way, the truth, and the life. Help me to be a shining light that shows everyone that You are good. I love You. Amen."



Use this guide to help your family learn how God's Spirit can help us "make waves."

**First, watch
this week's
video!**

**Make Waves:
What you
do today
can change
the world
around you**

Memory Verse

"God began a good work in you. And I am sure that he will carry it on until it is completed. That will be on the day Christ Jesus returns."
Philippians 1:6, NIV

Bible Story

City on a Hill
Matthew 5:14-16

Bottom Line

Show God's goodness to others.

Activity

Under a Bowl

What You Need:

Three identical bowls (or cups); three different small items (bouncy ball, die, grape, etc.)

What You Do:

Place the three bowls face down, and hide a small item under each one. Quickly and randomly shuffle the bowls. Lead your child in guessing where each random item is.

Then, switch up the roles. Allow your child to lead the game.

Say, "In our story today, we heard about something that should not be hidden under a bowl—or anywhere!"



Talk About the Bible Story

Based on what Jesus taught, what are we not supposed to hide under a bowl? (*our "light" that shows the goodness of God*)

What are some ways you can think about the goodness of God? (*Read or listen to the Bible; think about what God has done in your life; talk to others about God*)

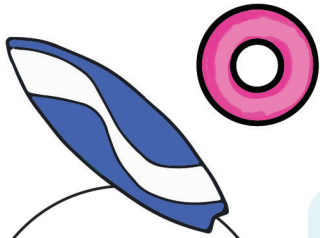
Why is it important that we think about and remember God's goodness to us? (*so we can then show God's goodness to others*)

Parent: Talk about a time when someone showed God's goodness to you. Maybe they were patient and kind in a difficult situation, said something kind when others were being unkind, or sat quietly with you when something heavy was going on.

Prayer

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

"Dear God, You are so good! Thank You for this reminder that we can share Your goodness with other people. When we spend time with You by reading or listening to the Bible . . . worshipping You . . . and thinking about what You've done for us . . . the more we'll be like You, and the more we'll be able to show Your goodness to others. Help us to do that this week. We love You, Lord. Amen."



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Key Question

How can you show God's goodness to others?

Use this guide to help your family learn how God's Spirit can help us "make waves."

Activity

Different Dictionary

What You Need:

Note cards, writing utensils

What You Do:

Write down the following words on a note card, one word per card:

- sunshine
- phone
- watermelon
- people
- gift
- beach
- puppy
- joy

Shuffle the cards and divide them between you and your child.

Say, "We're going to write definitions for the word goodness on the back of each of these cards that have random words on them. The challenge is that we must include our random word in the definition while still coming up with a clear and accurate definition." Create an example card and share it first, to help your child get started.

When you're both finished, share your definitions.

Say, "There are lots of ways to demonstrate goodness. Could we actually use any of the examples on these cards to show the goodness of God to others?"

Talk About the Bible Story

What does it look like for a kid your age to be a light shining for Jesus?

What are some ways that we "hide" our light? (*When we don't act like Jesus; when we don't take the chance to share with others that we follow Him*)

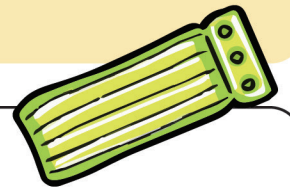
When is it easier for us to hide our light rather than shine? (*Sometimes it's easier to do the wrong thing and just go along with the crowd.*)

Where do you see God's goodness in your life right now?

What would you say motivates you the most to reflect God's goodness to others?

Who benefits when we live out God's goodness?

Parent: Talk about a time when someone showed God's goodness to you. Maybe they were patient and kind in a difficult situation, said something kind when others were being unkind, or sat quietly with you when something heavy was going on.



Prayer

Use this prayer as a guide, either after talking about the Bible story or sometime before bed tonight:

"Dear God, we know that everything good comes from You. Show us the many ways You are good to us . . . and help us, in turn, to reflect Your goodness to others. Thank You for the Holy Spirit that You have given to those who trust in You. Through Your Spirit, help us spread a wave of goodness that reaches out to those around us. In Jesus' name, amen."