THE UNSHAKEABLE LIFE - I Will Live a Strong Life ICE BREAKER

• What is your "go to" when feeling stressed? Exercise? Hobbies? Prayer? Food? Reading?

Psalm 27:1-3

- What causes me to be fearful? Based on Psalm 27, how can I overcome fear?
- How has God helped me in the past? What has God delivered me from in times of trouble?

Proverbs 18:21; Colossians 3:16; Psalm 118:17

Luke 6:45

Do I tend to speak more out of faith or fear? If it is fear, how do I get to a point of speaking more in faith?

John 15:7

APPLICATION

- How do I get the word into me so I can make these confessions?
- Pray for revelation and understanding when you read.
- Read out loud sometimes.
- Set a regular time and place.
- Use these questions or questions like them. Use Psalms 27:1-3
- 1. Who is God in this story?
- 2. What has He done?
- 3. Who am I in this story?
- 4. How should I live now?
- Download these seven confessions:
 https://drive.google.com/file/d/1U0kYobpfh3dLgoLBkkWV7zbiw1-C0iOe/view
- Join us as we read through the Bible together this year: https://form.jotform.com/sccwired/2021

